

EVACI 2013

9th

EUROPEAN VETERANS ATHLETICS
INDOOR CHAMPIONSHIP



Donostia-San Sebastián **19-24**
ENTRY BOOKLET-English MARCH
2013



Donostiaiko Udala
Ayuntamiento de San Sebastián



Gipuzkoako Foru Aldundia
Nafarroa, Gasteiz eta Nafarroa Garaia
Departamentu de Guberna, Jeneratzaile eta Deputatu



FORTUNA
Kirol elkartea
Club deportivo



Donostia - San Sebastián
EUROPEAN VETERANS
INDOOR Championships

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CONTACT INFORMATION

GENERAL CONTACT:



FORTUNA
Kirol elkartea
Club deportivo

• Club Deportivo Fortuna
Address: Pío Baroja,
47 Donostia – San Sebastián
Telephone: 943 21 49 00
E-mail: evaci2013@cdfortunake.com

PRESS CONTACT

• Arantza Rojo
Email: arantza.rojo@cdfortunake.com

MARKETING CONTACT:

• Maria Prat
Email: maria.prat@cdfortunake.com



WELCOME

Ongi etorri Donostiara, ongi etorri Euskal Herrira (Welcome to Donostia, Welcome to Basque Country)

The organisers of the European Veterans Athletics Championships would like to give you all a warm welcome.

From **19 to 24 March** 2013, **San Sebastian** will welcome the best veteran athletes from all over Europe thus demonstrating that sport knows no ages.

We are sure that **Gipuzkoa** in general and **Donostia - San Sebastian** in particular will meet the highest expectations during the celebration of this championship. There are excellent athletics facilities and an unbeatable scenery for tourism, as well as a wide range of cultural activities. Participants will have the opportunity to enjoy for a week an unrivalled experience.

In this edition, the velodrome will be the main stage of the competition, a venue which hosted the **2003 Indoors European Veterans Championship**. This is a facility which has been improved and modernised over a number of years to make it adaptable to the various competitions that take place every year. The **velodrome**, together with the mini-stadium and the **San Sebastian Hippodrome racecourse** will become the meeting point to strengthen the friendship between thousands of people from all over Europe.

The **Gipuzkoa** region, which has a long sporting tradition because of the quality of its sportsmen and women and its well earned reputation as an efficient organiser of sporting events at the highest level, will witness an event of great significance to world athletics.

Honouring the slogan of the championship: "**San Sebastian 2013, much more than sport**", participants will also have the opportunity to get to know the idiosyncrasy of the remarkable people of the **Euskal Herria** (Basque Country) where the **Euskera** language, the most ancient of Europe, is spoken.

It will be a huge sporting celebration in which several thousand visitors, athletes and their companions, will be able to share with the people of **Gipuzkoa** this exceptional event that will have a positive impact on the entire region.

San Sebastian and **Gipuzkoa** as a whole awaits you all with open arms.

The organisers of the European Veterans Athletics Championships wish to give you all a warm welcome

The EVACI 2013 Organising Committee

HONORARY COMMITTEE

Patxi López Álvarez

First Minister of the Basque Country

Martin Garitano Larrañaga

Chief Councillor of the Regional Council of Gipuzkoa

Juan Karlos Izagirre Hortelano

The Mayor of Donostia - San Sebastian

Dieter Massin

President of the EVAA

José María Odriozola Lino

President of the Spanish Royal Athletics Federation

Miguel Ángel Munitxa Narbaiza

President of the Basque Athletics Federation

Carlos Bengoetxea Coronado

President of the Gipuzkoa Athletics Federation

Enrique Cifuentes Torres

President of the Fortuna Sports Club

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(European Veterans
Athletic Association)

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President

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Vicepresident

Nicola Maggio

Events Technical Manager

Vesna Repuijck

Non-Stadium Events Technical Manager

Jean Thomas

Treasurer -

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Secretary

Wilhelm Köster

Consultant

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General Coordinator

Fernando Ibarreta

Sponsorships and promotions

Mikel Nuñez

Accounting

Ibon Muñoz /Mikel Ruiz

Competition Managers

Fernando Marquina

Technical Secretary

Jesús Gutiérrez

Gipuzkoa Regional Council Representative

Iñigo Etxeberria, Jesús R. de Mendoza, Manu Hermida

Facilities and Logistics

COMMUNICATIONS COMMITTEE

Jesús Gutiérrez

Arantza Rojo

Ander Ugarte

Miguel Valero

2013

Donostia - San Sebastián
EUROPEAN VETERANS
INDOOR Championships

EVACI 2013 EVENTS

Opening Ceremony

The opening ceremony will take place on **Monday 18 March** at the **Anoeta Velodrome**. All athletes are invited to take part in the parade representing their countries.

The athletes participating in the parade must arrive at **Anoeta** in advance, with the official uniform of their delegation.

Athletes Party

The European Athletics Championships are a good reason to get together in a festive, sporting and cultural atmosphere and to this effect there will be friendly activities prior to the Athletes Party.

Athletes will have the opportunity to meet participants from all around Europe in a relaxed atmosphere and outside the competition environment. Once they have been given a taste of Basque cuisine, they will enjoy a programme of folkloric performances. It will be an unmissable event.

Closing Ceremony

The climax of the championship will be the closing ceremony, which will take place on Sunday 24 March. We hope that this will be a "farewell to Donostia-San Sebastian" for all of those taking part.

The closing ceremony will make all of us feel nostalgic. Donostia will become an ambassador to the world and part of a great memory.



FACILITIES

ANOETA SPORTS COMPLEX



The **Anoeta sports complex**, located in the **Amara** area of **Donostia**, is a group of eight facilities with different characteristics, four of which will host the **2013 European Veterans Championships**: the **Velodrome**, the **Anoeta Mini-stadium**, the **J. A. Gasca Sports Centre** and the **Atano III Pelota Court**.

The most emblematic of the buildings is the **Anoeta Stadium**, the home of the **Spanish Real Sociedad** first division football team. In addition, there are two pelota courts, the Ice Palace and a sports centre.

Anoeta is the venue where most sporting events take place in **San Sebastian**, although it has also hosted musical concerts in the past, featuring artists of the calibre of **Bruce Springsteen**, the **Rolling Stones** and **U2**.



THE COMPETITION

ANOETA SPORTS COMPLEX

J.A.GASCA SPORTS CENTRE

1. CIT – Technical Information Centre
2. Commercial Area: Shops, Stands
3. Tourist Information Point

ATANO III PELOTA COURT

4. Dining Room

KIROL ETXEA

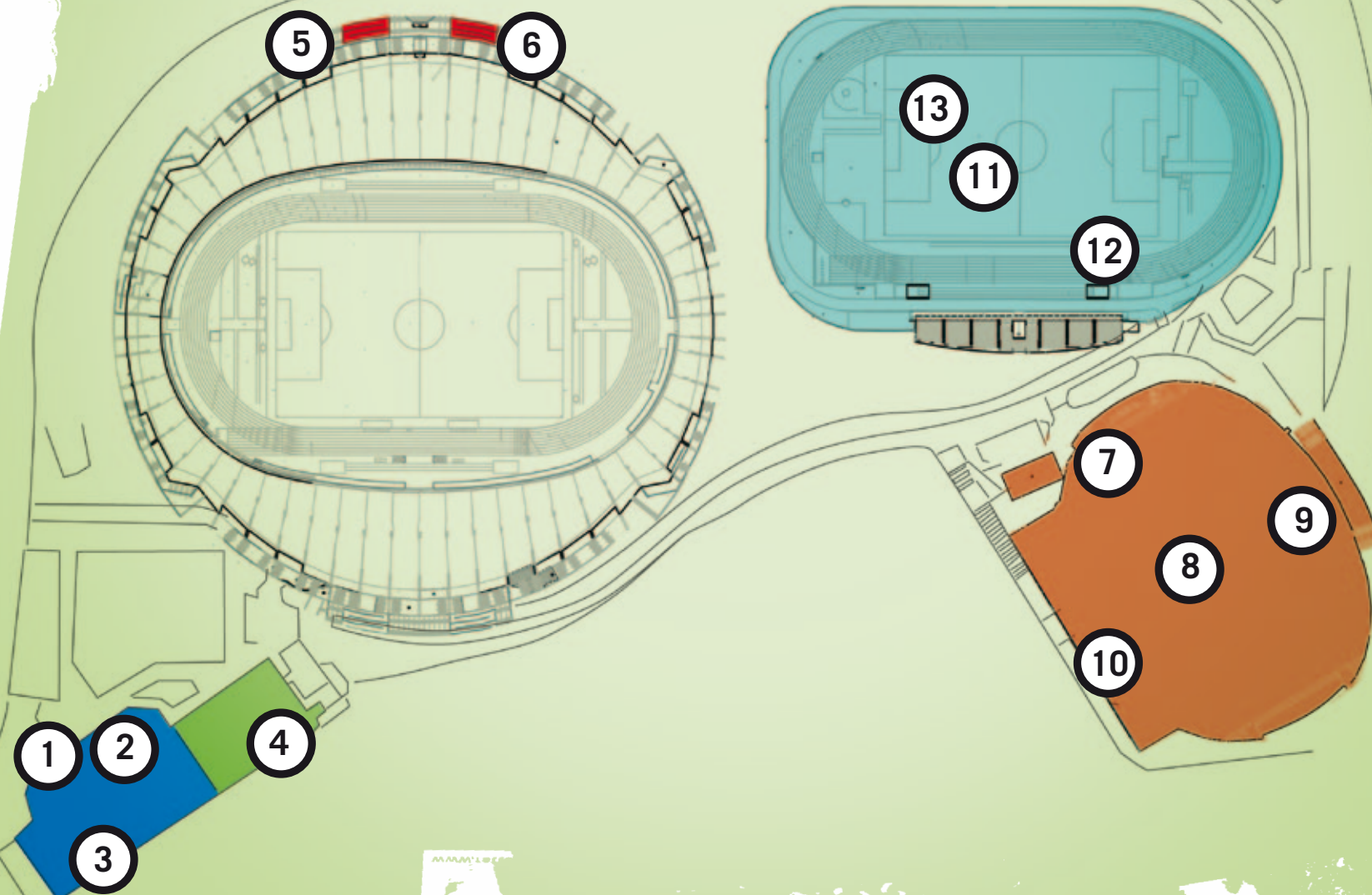
5. Technical Meetings
6. EVAA Assembly

VELODROME

7. Entrance
8. Area for Competitions
9. Call room
10. Prizes Area

ANOETA MINI-STADIUM

11. Warming up Area
12. 2nd Call Room
13. Throwing event field



FACILITIES

ANOETA VELODROME

This venue located in **Donostia** is a true point of reference for national sport that has witnessed many events throughout its long lifetime. It is owned by the **San Sebastian** City Council and located in the **Anoeta** sports complex.

The original reason for its construction in the mid 1960's was solely to house an open-air velodrome but this has evolved through the years. The velodrome was the stage for several finals of the Cycling Tour of Spain, which at the time was organised by the "El Correo Español- El Pueblo Vasco" newspaper. In the winter of 1977, the venue was re-opened after a number of significant improvements. Its use had clearly shown that, given the weather in the **Basque Country**, it was necessary to cover the venue and this was the best opportunity to turn it into a place where, as well as cycling, athletics field events could also take place.

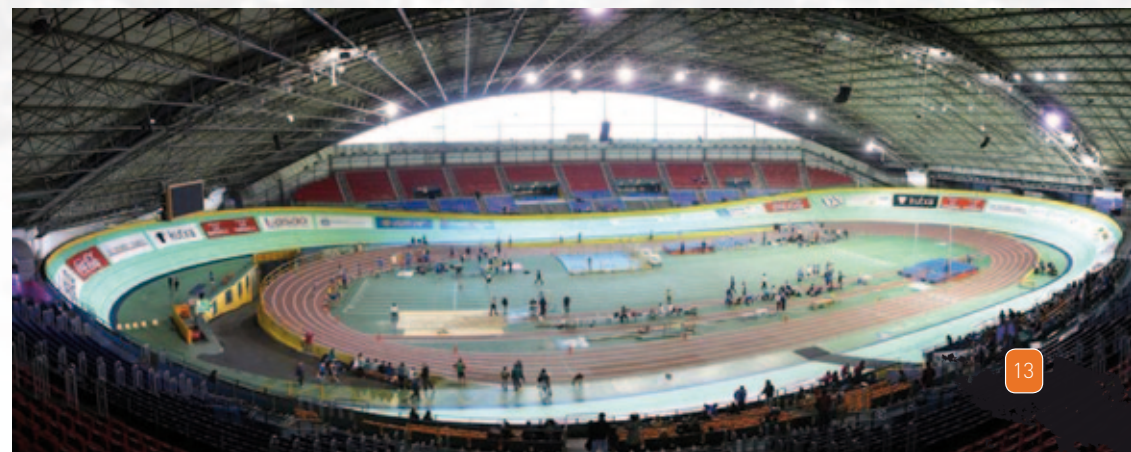
In March 1977, the **European Indoor Athletics Field Events** was held on a track which, as well as having a perimeter measuring 200 meters, has six outside lanes. This meant that it was, at the time, one of the best indoor athletics tracks in the world since both features were seldom found together. The Championship was a great attendance success and the British athlete **Sebastian Coe**, who was the leading figure in the competition, dazzled the audience in the 800 metres race. In 2003, the **European Athletics Veterans Indoor Championship** took place, a competition with 15 specialties such as running, jumping and throwing. There were 2902 registrations of 1582 athletes from 32 European countries. In 2005, Donostia

hosted the **XVI World Master Athletics Championship Stadia**, with 91 countries taking part and the velodrome was used as a warming up area.

In addition to these athletic competitions, the velodrome is also well known for the **Six Hours of Euskadi**. This event included various cycling races on the track with the best **cyclists** in the world taking part. It was also an unbeatable opportunity to watch **bertsolaris** (improvised singing), **harrijasotzailes** (stone lifting) and folk dances. Among the cyclists that took part in the different editions of this event are **Abraham Olano**, **Mario Cipollini**, **Claudio Chiappucci**, **Joan Llaneras** and **Gianni Bugno**.

Apart from the venues already mentioned, a 200 metre athletics track with six lanes, a central area with eight lanes for speed and hurdle races, jumping and weight throwing, the facility also has other sporting areas such as a cycling track, gym, sports tracks, etc.

Outside the sporting sphere, the venue is also frequently used for cultural events such as the **Cinema Festival**, music concerts, etc, although its main use is obviously sports.



FACILITIES

NON-STADIA EVENTS

Mini Stadium Anoeta

The Mini Anoeta stadium will host Outdoor Throwing competition and also will be used as a Warm Up Area for athletes.

Around Anoeta – 5km Walk Road

The 5KM Walk Run will be held this year around Anoeta, next to the competition area (Velodrome and mini-stadium).



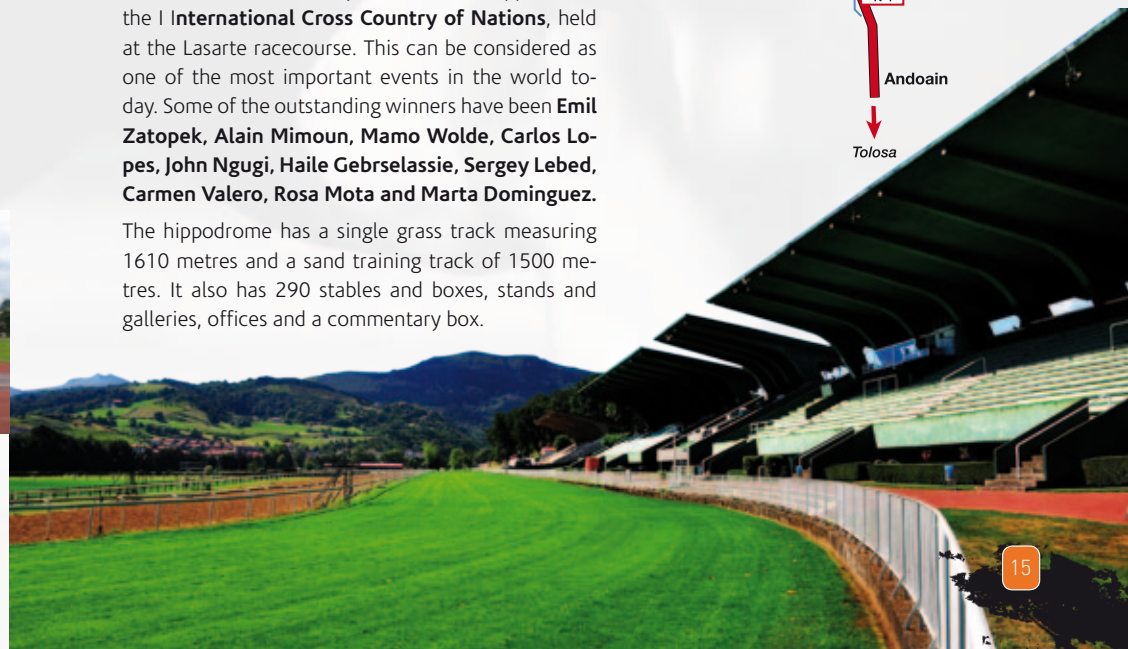
San Sebastian Hippodrome Racecourse

Opened in 1916, the **San Sebastian Hippodrome Racecourse** (one of three in Spain) is located in the **Zubieta** district of **Donostia**, some 12 km from the centre of **San Sebastian** on the border with Lasarte and as such it is known as the **Lasarte Racecourse**. During the first half of the 20th century, the hippodrome was a social meeting point for the city and today it still welcomes many horse racing enthusiasts throughout the spring and summer months.

Several meetings take place during March, with a total of 26 races with riders from all over the country. The 15 August is the culmination of another race meeting starting at the beginning of the same month. Also, each year the Loyola Royal Horseracing Society gathers the best jumping riders to take part in the International Horse Jumping Show of San Sebastian. The hippodrome has also been staging the **San Sebastian Cross Country International** for more than five decades. The organisation of this cross country event was the initiative of a group of enthusiasts under the direction of Willy Koch, a true supporter of the **I International Cross Country of Nations**, held at the Lasarte racecourse. This can be considered as one of the most important events in the world today. Some of the outstanding winners have been **Emil Zatopek, Alain Mimoun, Mamo Wolde, Carlos Lopes, John Ngugi, Haile Gebrselassie, Sergey Lebed, Carmen Valero, Rosa Mota and Marta Dominguez**.

The hippodrome has a single grass track measuring 1610 metres and a sand training track of 1500 metres. It also has 290 stables and boxes, stands and galleries, offices and a commentary box.

How to get there



COMPETITION TIMETABLE

19-24 March 2013		19	20	21	22	23	24
		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
60 m	Heats		All				
	Semifinals		All				
	Finals			All			
200m	Heats				All		
	Semifinals				All		
	Finals					All	
400m	Heats	All					
	Semifinals		All				
	Finals		All				
800m	Heats			All			
	Semifinals			All			
	Finals				All		
1.500m	Heats					All	
	Semifinals						All
3.000m	Finals	All					
60m h.	Semifinals					All	
	Finals					All	
3.000m Walk	v		Women	Men			
4x200m	Finals						All
Pentathlon					M35/M40/M45	M50 & +	W
5 Km Walk						All	
5 Km Cross							All
High Jump		M35 to M60	M70 & +/W				
Pole vault				M35 to M60	M70 & +/W		
Long Jump		M35/ M40/M45	M50 & +	W			
Triple Jump					M35/M40/M45	M50 & +	W
Shot Put		W	M35/M40/M45	M50 & +			
Discus					M35/M40/M45	M50 & +	W
Hammer throw		M35/ M40/M45	M50 & +	W			
Javelin		M50 & +	W	M35/M40/M45			
Weight throw					M50 & +	W	M35/M40/M45

TRANSPORT GETTING AROUND

GETTING THERE

Its strategic location and its extensive infrastructure have made San Sebastian a city of easy access, linked to the rest of the world by many modes of transport. San Sebastian has 5 airports within a 100 km radius, 3 of which are international.

During the time of the championship, free transport around the city of Donostia-San Sebastian will be available to all athletes.

BY PLANE

San Sebastian has an airport 20 minutes from the city centre. This offers connections to the main Spanish cities: Madrid and Barcelona

A few kilometres from San Sebastian is Bilbao airport, with connections to the whole of Europe and also Biarritz airport from where French, International and low-cost companies operate.

San Sebastian Airport (EAS)	20 kms.	www.aena-aeropuertos.es
Bilbao Airport (BIO)	100 kms.	
Biarritz Airport (BIQ)	50 kms.	http://es.biarritz.aeroport.fr/



BY TRAIN

The **San Sebastian train station**, known as **Estacion del Norte**, is located in the city centre and provides links to a large number of Spanish cities, among them Madrid and Barcelona, as well as many international destinations such as Paris or Lisbon. Arrivals to and departures from San Sebastian by train will become much faster thanks to the new High Velocity Train, which in the near future will connect the city with several destinations.

The city also has a narrow gauge rail network with connections to Bilbao and other cities on the Basque coast such as **Zarautz**, and a line linking it with France (Hendaye) using the train known as the "**Topo**" (the mole).

RENFE	www.renfe.es
EUSKOTREN	www.euskotren.es
SNCF (Francia)	www.sncf.com

renfe

EuskoTren

SNCF



BY CAR

Getting to **San Sebastian** by car is very easy. The city is linked to the rest of Spain and to France via the **N1/QPQ** (Madrid-Irun) national road, the **A-8** (Bilbao-Irun) and the **A-63** (Paris-Irun) highways and the **A-15** (Pamplona-San Sebastian) motorway. Once in San Sebastian, you will find over 6000 parking spaces in different locations around the city.

The Anoeta Sports Complex will provide parking facilities for the athletes, 2 minutes' walk from the venues (during Championship days).



BY COACH

San Sebastian has a coach station with services connecting it to many other Spanish cities and some in Europe.

The station is located in the Amara district, near the Anoeta Sports Village.

The main coach companies are:

EUROLINES	www.eurolines.es
ALSA	www.alsa.es
VIBASA	www.vibasa.com
PESA	www.pesa.net
CONDA	www.conda.es

GETTING AROUND IN GIPUZKOA

San Sebastian is a city on a human scale in which you will be able to get around on foot or by **bicycle** using its cycling lanes. The public transport network run by the municipal company **Dbus** and other tourist transport will allow you to move around the city without the needing a private car.

The whole of Gipuzkoa is linked by a **Lurraldebus** public transport service and the **RENFE** and **Euskotren** railway networks.



Euskadi

SAVOR THE BASQUE COUNTRY

Euskadi is a country of great historic, cultural and economic vitality arising from a strong sense of community and a significant capacity for individual initiative. It is one of the seventeen Autonomous Communities that constitute the Spanish state. It is structured around an Statute of Autonomy approved in 1979 and has its own institutions such as the Basque Government and Parliament.

Thus, **Euskadi** is a community with its own cultural, economic, industrial and fiscal peculiarities. It enjoys a high level of political autonomy, which endows its government with powers over most public initiatives such as Education, Culture, Health, Environment or Industry. In addition, Euskadi has had, historically, the authority to regulate and collect a large proportion of taxes within its own geographical area.

Situated in the easternmost region of the Cantabrian Coast, **Euskadi** covers an area of 7234 km² and its population is over 2 million inhabitants with a density above 300 inhabitants per km².

Sports has always been very important in **Euskadi** because it is perceived as a social practice rather than as competition. Within this context, **Euskadi** has 18 types of **Herri Kirolak**, Basque rural sports developed from daily activities: felling trees, cutting grass, lifting weights, etc.

Cycling benefits from a first class world team (Euskaltel – Euskadi) consisting totally of riders trained in Euskal Herria, who have achieved many successes in races such as the **Tour of France**, the **Giro d'Italia** or **Vuelta a España**.

Currency: Euro
Official languages: Euskera and Spanish



Gipuzkoa

SO SMALL, SO BIG

With its own identity brand, **Gipuzkoa** concentrates many attractions in a very small territory. It has a population of 701,056 inhabitants and is located in the **Gulf of Biscay**, right on the **Atlantic Axis**. Six rivers originating from nearby mountains, cross its 2,000 km² area.

As well as visiting **Gipuzkoa** as a tourist, you can also get to know it through its cuisine. **Chefs** from **Gipuzkoa** have given it worldwide fame (**Arzak**, **Subijana**, **Berasategi**, **Aduriz**...) and, with **16** current **Michelin stars**, it is proud to be the region with the highest number of stars per inhabitant in the world. Becoming immersed in the gastronomy of **Gipuzkoa** requires getting to know our cider bars, the **txakoli** (traditional Basque wine), and both signature and traditional cuisines. Eating well is a culture of our region.

Gipuzkoa has 17 clean, comfortable and mainly urban beaches, which are the ideal way to enjoy the **Cantabrian Sea**. The **Zarautz** beach and **La Concha** beach in **Donostia** are the most elegant and famous ones. but visitors will also find a large variety of beaches from **Saturraran** (Mutriku) to **Hondarribia**. Along the 86 km of **Gipuzkoa** coast, sand dunes alternate with towns and coastal mountains. The cliffs form two fantastic geological structures: the flysch and the tidal platform. Coastal towns, many established around the mouths of rivers, have a personality of their own and numerous places of interest. All of them deserve a visit. The valleys inland, surrounded by mountains and proud of their historic heritage and monuments have preserved Basque traditions and way of life.

Visitors are always amazed by the historic and artistic heritage of the villages and towns of Green **Gipuzkoa**. A walk around **Tolosa**, once the capital of **Gipuzkoa**, is hugely inspiring, as is **Segura**, which still maintains its original medieval layout, or **Bergara** with its Royal Seminary – they are all testimony to the rich past and present of these places. The greenery of their fields scattered with villages, the typical Basque agricultural unity, intermingle with thick woodland and forests. To the South and East there are two natural parks, the **Aizkorri**, boasting the highest peaks in the region and **Aralar**.

Donostia-San Sebastián

A PRACTICAL GUIDE TO SAN SEBASTIAN

San Sebastian (Donostia en Euskera and officially named **Donostia-San Sebastian**) is situated at the centre of **Euskal Herria**. It is the capital of the province of **Gipuzkoa**, in the Basque Country Autonomous Community. Its population is 185,510 inhabitants (2010), 436,500 of whom live in its metropolitan area. It is located in the north of Spain, 22 kilometres from the French border. The **Donostia-Bayonne** cross-border region is an important centre of social, economic and cultural development at the southeast of the **European Union**.

Although the **Gipuzkoa** region has a long industrial tradition, **San Sebastian** is a tertiary city, aimed towards tourism, commerce, services and conferences, and very aware that the progress and wellbeing of its people is built on a concerted support of science, technology and sustainable development.

San Sebastian is one of the most beautiful cities in **Spain**. Tradition and modernity coexist in this great small city with a touch of the **Belle Époque**. In recent years **Donostia** has aimed towards innovation and knowledge, art and culture. All of this, together with international events such as the **San Sebastian International Cinema Festival**, have given the city international prominence.

San Sebastian is the best setting for running enthusiasts. A sustainable city that allows sports and exercise to come together with beautiful scenery such as that of **La Concha** beach, **Peine del Viento** (the Wind Comb), or the walks along the **Urumea** River.

EUROPEAN CAPITAL OF CULTURE 2016

Because of its commitment to culture and education as values and instruments for change and social transformation, **San Sebastian** was awarded the title of **European Capital of Culture for 2016** by the European Union (EU), honour that will be shared with the Polish city of Wrocław.



SPORTING TRADITION

The **Gipuzkoa** region has had, since ancient times, a strong sporting tradition. Its beginnings go back to rural sports, based on rural everyday tasks, and now include up to 18 different types: **stone lifting**, **Basque pelota**, **aizkolaris**, **harrijasotzaile**, etc.

Athletics became popular across Spain in the beginning of the 20th century and arrived in **Gipuzkoa** with running races. These first "challenges" among friends were gradually introduced to the popular festivities and ultimately became a yearly tradition.

The **Athletics Federation of Gipuzkoa** was founded in 1914, even though distance events were already organised before that time. The objective of the Federation was to encourage athletics throughout the region, with distinguished athletes such as the Adarraga family. Athletics in **Gipuzkoa** has gradually grown to become one of the most popular sports. Below are some of the most important events carried out in the province:

FOOTBALL. REAL SOCIEDAD

This is probably the king of sports in the city, due largely to the team **Real Sociedad**, a club created in 1909 and currently in the Spanish First Division.

ROWING. BANDERA DE LA CONCHA

With time, what used to be a chore (going fishing) has become one of the most popular sports on the **Gipuzkoa** coast, particularly in the summer. The "traineras" are a type of craft, typical of the **Cantabrian** coast, propelled by the power of thirteen rowers and one skipper.

PELOTA. GRAND FINALS

Pelota is the Basque sport with the most following. Today there are several variants such as: **hand-ball**, **jai-alai**, **remonte**, **pala**, **frontenis**, etc. It is played throughout **Euskal Herria** and the nearby regions. Ideally, it is played using a wall (church walls were originally used) and only one ball is required.

CYCLING. SAN SEBASTIAN CLASSIC/TOUR OF THE BASQUE COUNTRY

The star cycling race in **Gipuzkoa** (UCI World Tour Category) has taken place every year, at the beginning of August, since 1981 and its route covers most of the **Gipuzkoa** region. On the other hand, the **Tour of the Basque Country**, also a UCI World Tour Category race, has a legendary stage ending in **Gipuzkoa**, specifically in the **Virgen de Arrate** in **Eibar**. The best international cyclists are among those who have taken part.

SURFING. SNSN FOMENTO /ZARAUTZ AND LA ZURRIOLA CHAMPIONSHIPS. MUNDAKA WAVE

Gipuzkoa enjoys the best geographical location for the practice of this sport, in particular the capital and **Zarautz** (15 Km from San Sebastian).

BASKETBAL. LAGUN ARO GBC

The most important team in the city is the **Lagun Aro GBC**, which is currently enjoying the best moment in its short history. It is now playing the Endesa League of the Spanish First Division.



2013 CULTURAL AGENDA

San Sebastian has a first class cultural agenda with its international cinema and jazz festivals and its leading cultural programme. Listed below are some of the more significant dates:

TAMBORRADA

Feast of San Sebastian (19-20 January).

On 20 January, the city celebrates the feast of San Sebastian. During this celebration the city is awash with the non-stop sound of beating of drums and barrels.

CIDER SEASON

From January to April. Uno de los productos de Cider is one of the most typical gastronomic products of the Basque Country. Although it can be enjoyed throughout of the year, January to April is the time when it is most widely drank in the small villages of the region where it is produced.

BASQUE PELOTA.

Manomanista Championship (June/July).

The final of the manomanista championship is the most important event of the pelota season.

THE JAZZ FESTIVAL OF SAN SEBASTIAN

July. The Heineken Jazzaldia is a jazz festival celebrated in San Sebastian during July. The festival welcomes many jazz virtuosos throughout the week.

SEMANA GRANDE-ASTE NAGUSIA

Second weekend in August. The Semana Grande is the summer festivity in Donostia. During this week, the city hosts innumerable activities of interest to all audiences.

EUSKAL JAIK & BANDERA DE LA CONCHA

Beginning of September. During the celebration of the Euskal Jaiak (Basque festivities in Euskera), the city enjoys activities related to Basque culture and tradition. The most important is the Bandera de la Concha, a rowing regatta with over 130 years of history.

INTERNATIONAL CINEMA FESTIVAL OF SAN SEBASTIAN

End of September. This is one of the most prestigious cinema festivals currently taking place in Europe. The Donostia Prize is bestowed every year to those with a long successful career in the Seventh Art.

SAINT THOMAS

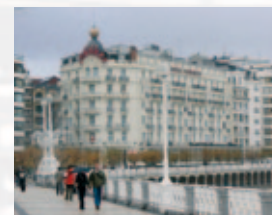
21 December. One of the greatest days in the city. This festivity celebrates local, particularly gastronomic, products from the villages: cider, talo (type of tortilla) and txistorra (sausage).

MUSIC FORTNIGHT

the **San Sebastian Music Fortnight** (in Euskera Donostiako Musika Hamabostaldia) is a classical music festival, created in San Sebastian in 1939. From its beginnings, the Music Fortnight has enjoyed great prestige for the quality of its programmes and the celebrity of its performers.

OFFICIAL HOTELS

There is a wide range of accommodation of different classes providing ample choice to those participating in the championship. The options in **San Sebastian** and its environs are categorised as follows:



TOURIST PACKAGES

Tourist packages are also available (accommodation + meals + excursions) in **San Sebastian** and **Gipuzkoa**, visiting places of interest such as the **Guggenheim Museum of Bilbao**. These will allow competitors and visitors to get to know the most important places in the area. These options include the best restaurants, outdoor activities, health insurance and other services.

Detailed information can be obtained from our website

www.evacisansebastian2013.com

or through Viajes Equinoccio: vequinoccio5@unida.com



PRACTICAL INFORMATION

Other general information which may be of interest to those coming into the city:

CURRENCY

Spain, like other member countries of the European Union, uses the euro. One euro is divided into 100 cents.

There are eight different coins: 1, 2, 5, 10, 20 and 50 cents and 1 and 2 euros.

There are seven different notes of the following values: 5, 10, 20, 50, 100, 200 and 500 euros.

PHONE CALLS

To make a phone call to Spain from abroad, dial +34 (Code for Spain) followed by the 9 figure phone number.

To make a phone call from Spain to another country, dial 00 followed by the country code and the phone number required. Calls can be made from phone boxes. These boxes can be operated with either coins or cards, the latter can be purchased from "estancos" (establishments selling tobacco).

SHOPS

The usual opening times are Monday to Saturday from **9.30** to **13.30** and from **16.30** to **20** hrs. Dinner is served between 20.30 and 23 hrs.

RESTAURANTS

Breakfast time is usually between **8 and 10 am**. Lunch, in restaurants, is between 13 and 15.30 hrs. Night time in Spain has a special meaning, particularly from Thursday to Sunday. Pubs, bars and clubs usually stay open until 3 or 4 in the morning.



USEFUL TELEPHONE NUMBERS

EMERGENCY NUMBERS

Emergencies	112
Citizens Advice	010
Municipal Guard	943 450 000
Fire Brigade	943 455 580
Card Cancellations - (VISA/Mastercard)	913 626 200

INFORMATION

Municipal	010
Passports and Visas	943 449 874
Post Office	943 44 68 26

TRANSPORT

Radio Taxi Donosti	943 464 646
Radio Taxi Easo	943 467 666
Tele Taxi Vallina	943 404 040
Renfe	902 240 202
Local Trains	943 450 131
S.S. Trams Company	943 000 200
Hondarribia Airport	943 665 500
Bilbao Airport	905 505 505
Biarritz Airport	+33 559 438 383

TOURIST INFORMATION

Tourist Office	943 481 166
Kursaal	943 003 000
Aquarium	943 440 099
San Telmo Museum	943 481 580
Naval Museum	943 430 051
Cemento Rezola Museum	943 364 192
Dioceses Museum	943 472 362
Kursaal Casino	943 429 214
Balenciaga Museum	943 004 779
La Perla Thalassotherapy	943 458 856
Guggenheim Bilbao	944 359 080